

— THE —
TRAVELLERS
FRIEND

Sourdough, balsamic vinegar, oil (348 kcal) (pb) 3.5 Nocellera olives (155 kcal) (pb) 3.5
Pork scratchings, apple sauce (635 kcal) 4.5

Small plates and starters

Crispy salt and pepper squid, chilli mayo (362kcal) 8.75
Honey seared halloumi, romesco sauce, toasted almonds, olive oil (254 kcal) (v) 9
Tomato and red pepper houmous, crudites, toasted flatbread (697 kcal) (pb) 7.5
Korean style crispy pork belly bites, sesame, pickled ginger (754 kcal) 8.5
Classic prawn cocktail (212 kcal) 9.5
Mozzarella, tomato, artichoke and basil salad, pesto (685 kcal) (v) 8.5
Smoked mackerel pate, beetroot and heritage tomato slaw (355 kcal) 8.5

To Share

Nachos, sour cream, salsa, guacamole (1567 kcal) (v) 13
add smoked three bean chilli (92 kcal) (pb) 3
Whole baked Camembert, rosemary and garlic (1145 kcal) 14
Deli board- houmous, babaganoush, roasted peppers, marinated artichokes, olives, capers,
flat bread (823 kcal) (pb) 16

Mains

Grilled beef burger, cheese, burger sauce, lettuce, tomato, pickles, chips (1088 kcal) 13.5
add smoked bacon (172 kcal) 1.5
Korean chicken burger, kimchi, lettuce, mustard, jalapenos, chips (1070 kcal) 14.5
"Future Farm" vegan burger, Gouda, chips (936 kcal) (pb) 14.5
Battered haddock, chips, garden peas, tartare sauce (gf) (1272 kcal) 13.5
8oz bavette steak with garlic & herb butter and chips 1415 kcal (gif) 17
Pan fried chicken supreme, mash potato, wild mushroom Cajun cream sauce, (1297 kcal) 15.5
Classic Caesar salad, bacon, parmesan, anchovies (921 kcal) 10
add corn fed chicken supreme (108 kcal) 5
Harissa marinated chicken kebab on toasted flat bread, slaw, mixed leaves, aioli (764 kcal) 13
Roasted mushroom & spring root vegetable slaw, flat bread, aioli, pomegranate (381 kcal) (pb) 13.5
Salmon & prawn Fishcakes with pan fried asparagus, hollandaise sauce (1042kcal) 16
Tender stem broccoli, avocado, pink grapefruit, kale, chickpeas, red cabbage &
pomegranate salad 371 kcal (pb) (gif) 13

Snacks and sides

Chips (336 kcal) (pb) 3
Honey and mustard glazed cocktail sausages (905 kcal) 4.5
Baby gem salad, Caesar dressing, Parmesan (145 kcal) 4
Pan fried broccoli, toasted almonds, olive oil (237 kcal) (pb) 4

GF (gluten free) PB (plant based) V (vegetarian)

If you have specific dietary requirements or require allergy information, please ask one of the team before you order. Please be aware that food containing allergens is prepared and cooked in our kitchen. A discretionary 12.5% service charge will be added to your bill.